



# PRIMARY HEALTH TASMANIA EVENTS APRIL 2026



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[primaryhealthtas.com.au/events](https://primaryhealthtas.com.au/events)



**MD: Multidisciplinary**

**GP: General practitioners**

**AH: Allied health professionals**

**PN: Practice nurses**

**PM: Practice managers**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> <b>Pathways to safety – practice staff workshop southern Tasmania</b> 5.30-8PM <b>HOBART</b> <b>PM</b>	<b>2</b>	<b>3</b> <b>GOOD FRIDAY</b>	<b>4</b>
<b>5</b>	<b>6</b> <b>EASTER MONDAY</b>	<b>7</b> <b>EASTER TUESDAY</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> <b>The gut, brain and mental health connection – northern Tasmania</b> 6-8PM <b>INVERMAY</b> <b>GP</b> <b>AH</b>  <b>Improving health outcomes for people with intellectual disability</b> 12.30-1.30PM <b>WEBINAR</b>	<b>14</b>	<b>15</b> <b>Alcohol and other drugs at the primary care interface – opioid dependence in the primary care setting</b> 1-1.45PM <b>WEBINAR</b> <b>MD</b>	<b>16</b> <b>Connect and learn: Allied Health Networking Breakfasts</b> 7.30-9AM <b>DEVONPORT</b> <b>AH</b>  <b>Anaemia and other cytopenias: investigational pathways and when to refer</b> 6.30-8PM <b>WEBINAR</b> <b>GP</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> <b>START OF TASMANIAN SCHOOL HOLIDAYS</b>	<b>21</b>	<b>22</b> <b>Dealing with challenging behaviour within general practice snapshot session</b> 1-1.30PM <b>WEBINAR</b> <b>PM</b> <b>AH</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b> <b>ANZAC DAY</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>30</b>						



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## **PRACTICE MANAGERS & PRACTICE STAFF** **Pathways to Safety – practice staff workshop** **southern Tasmania**



**HOBART - Wednesday 1 April**

RACV Hobart, Level 1/154-156 Collins St, Hobart TAS 7000

6-8pm

Practice staff play a vital role in creating a safe, welcoming and confidential environment for individuals and families affected by family and sexual violence. Reception and administrative teams are the first people patients see and speak to at the practice when they come in, making their awareness essential.

The Pathways to Safety workshop, delivered by local GPs, family violence workers and lived-experience experts working with the Safer Families Centre, the University of Melbourne, equips non-clinical staff with practical knowledge to identify signs of family and sexual violence, respond appropriately within their role and support the whole of practice approach to safety. Participants will learn how to create safer practice environments, safely engage with patients experiencing sexual and family violence, and assess current clinic protocols and resources to better enhance their clinics response.

There will be dinner provided and we invite all practice staff to join us for this free workshop.

Additional workshops for clinical staff are being offered to provide a whole of practice approach to addressing the issue of family and sexual violence.

## **MULTIDISCIPLINARY**

### **Improving health outcomes for people with intellectual disability**



**Webinar**

**Monday 13 April**

12.30-1.30pm

This webinar is designed to strengthen the knowledge and practical skills of disability support teams working alongside people with intellectual disability. It recognises the vital role disability service providers play in promoting health, supporting wellbeing, and enabling regular and meaningful access to health care services. The session will support participants to confidently understand and use the Comprehensive Health Assessment Program (CHAP) as a practical tool to enhance coordinated care. It will also highlight the valuable role of disability support workers in fostering effective communication and collaboration between people with intellectual disability and their health care teams.

## **MULTIDISCIPLINARY**

### **The gut, brain and mental health connection – northern Tasmania**



CPD accredited (RACGP & ACRRM approved 1.5 hours educational activities)

**LAUNCESTON – Monday 13 April**

Town Point Function Room, Peppers Silo Launceston, 89-91 Lindsay Street Invermay  
6.30-8pm

Primary Health Tasmania invites GPs, psychiatrists and psychologists from Tasmania to join us for fully funded seminar with Professor Felice Jacka on the topic of gut, brain and mental health connection. Extensive evidence now supports diet quality as an independent risk factor for common mental health problems across countries, cultures, and age groups. Professor Felice Jacka will explore the latest evidence in nutritional psychiatry, with a focus on practical, evidence-based strategies that support brain health through dietary change. There will be an interactive question and answer session and an opportunity to network over dinner with your colleagues.

## **MULTIDISCIPLINARY**

### **Alcohol and other drugs at the primary care interface – opioid dependence in the primary care setting**



**Webinar**

**Wednesday 15 April**

1-1.45pm

Please join us for Project ECHO: Alcohol and Drug Services Tasmania and Primary Health Tasmania. This program offers a series of interactive, case-based virtual mentoring sessions designed to support health professionals in delivering care for people who misuse alcohol and other drugs in the primary care setting.

## **MULTIDISCIPLINARY**

### **Dealing with challenging behaviour within general practice snapshot session**



**Webinar**

**Wednesday 22 April**

1-1.30pm

Primary Health Tasmania invites you to a practical snapshot session on dealing with challenging behaviour in the general practice setting. It will enable you to recognise and respond to early signs of challenging behaviour to prevent escalation using effective communication skills.

There is no cost for participation in these events, thanks to funding from the Australian Government under the Primary Health Networks program



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## ALLIED HEALTH

### Networking: Connect and Learn Breakfasts for Allied Health Professionals

#### **DENONPORT– Thursday 16 April**

Paranple Convention Centre, Market Square, 137 Rooke St,  
Devonport TAS 7310  
7.30-9am

Primary Health Tasmania invites allied health professionals working in primary care across Tasmania to attend our Connect and Learn Breakfasts, a new series of face-to-face networking and learning sessions designed to strengthen connection, collaboration and integration across the allied health sector. These sessions will be held in the north-west, north and south of the state. The content of this first iteration of connect and learn breakfasts will include sharing who Primary Health Tasmania is, what we do and the supports we can offer. These sessions encourage collaboration, promote understanding of local health needs, and support the development of integrated, person-centred care approaches across Tasmania.



## GENERAL PRACTICE AND PRACTICE NURSE

### **Anaemia and other cytopenias: investigational pathways and when to refer**

CPD pending (RACGP & ACRRM 1.5 hours educational activities)

#### **Webinar**

**Thursday 16 April**

6.30-8pm

As per the Haematology webinar series, this 90-minute interactive session will focus on the role of general practitioners in the investigation and management of anaemia in the primary care setting. The session will cover how to identify the underlying cause of anaemia and initiate appropriate treatment, including the correction of iron, B12, and folate deficiencies. In addition, the webinar will explore the common causes and diagnostic pathways for neutropenia and thrombocytopenia, helping clinicians determine when further investigation is required. The session will also outline clear indicators for referral to secondary care to support safe and effective patient management.

There is no cost for participation in these events,  
thanks to funding from the Australian Government  
under the Primary Health Networks program